

# STD / STI Testing – Information & FAQs

STD/STI testing is an important part of routine health and responsible sexual wellness. Many sexually transmitted infections (STIs) do not cause symptoms right away, which means testing is often the only way to know your status. Early testing supports timely treatment and helps prevent the spread of infection.

## Why STD / STI Testing Is Important

STD/STI testing is recommended for individuals who are sexually active, starting a new relationship, experiencing symptoms, or who have been advised to test by a healthcare provider. Testing may also be required for certain employment, medical, or personal reasons.

## Common STD / STI Tests Offered

- **Chlamydia & Gonorrhea**  
Common bacterial infections that can affect the genital area, throat, or rectum. Often tested together.
- **HIV**  
A virus that attacks the immune system. Early detection allows for treatment and long-term management.
- **Syphilis**  
A bacterial infection that can cause serious complications if left untreated.
- **Hepatitis B & C**  
Viral infections that affect the liver and may be spread through sexual contact or blood exposure.
- **Herpes (HSV-1 & HSV-2)**  
Viral infections that can cause oral or genital sores. Testing may include blood or lesion-based methods.
- **Trichomoniasis**  
A common parasitic infection that may cause symptoms but often goes unnoticed.

## How STD / STI Testing Works

Testing may involve a urine sample, blood draw, or swab depending on the test ordered. Samples are sent to certified laboratories for analysis. Results are typically available within a few days, depending on the type of test performed.

## Frequently Asked Questions

### Do I need to have symptoms to get tested?

No. Many STD/STIs do not cause symptoms, especially in the early stages. Testing is recommended even if you feel well.

### Do I need to fast before STD / STI testing?

No fasting or special preparation is required for STD/STI testing.

### Will my test results be confidential?

Yes. STD/STI testing is confidential. Results are released according to applicable privacy laws and testing requirements.

### How soon will I get my results?

Result timelines vary depending on the test. Most results are available within a few days after the laboratory receives the sample.

### What should I do if my test is positive?

If you receive a positive result, we recommend contacting your healthcare provider to discuss next steps, including treatment and follow-up testing if needed.

Workforce Pro Lab Screening provides specimen collection and laboratory screening services only and does not provide medical diagnosis or treatment. All testing is processed by certified laboratory partners. Clients are referred to licensed medical providers for follow-up care when needed.